# Rising Together:

## Temperature, Water, Health and Strength

2017

Developed by Dr. Ana Puszkin-Chevlin

Green Sanctuary Committee of UUCGN

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## **Greater Naples Contacts**

Greater Naples Fire Rescue Station 21 239-774-1700

## **Collier County Contacts**

Collier County Sheriff's office 239 252-9400 East Naples Substation

Collier County Flood Information Hotline 239 252-2942

Collier County Road Maintenance 239 252-8924 for drainage system maintenance – to report a ditch or culvert that needs to be cleaned

FPL Emergency Service Number 1-800-468-8243 to report hazardous conditions such as a downed power line

#### Report Mosquito Infestations to

Mosquito Control Division (239) 436-1000



Sign Up for telephone alerts https://public.coderedweb.co m/cne/en-US/BFB7CC4C6C0A

## State of Florida Contacts

Florida Emergency Information Line (800) 342 3557

Florida Department of Emergency Management (850) 413-9969 Hearing Impaired (800) 226-4329

Florida Dept. of Public Health – (850) 245-4240 Public Beach Water Program

Florida Dept. of Health Zika Information Hotline 1-855-622-6735

**Report ALGAE Blooms to** Dept. Environmental Protection, Bureau of Labs (850) 245-8077 or Dept. of Health, Aquatic Toxins Program (850) 245-4250

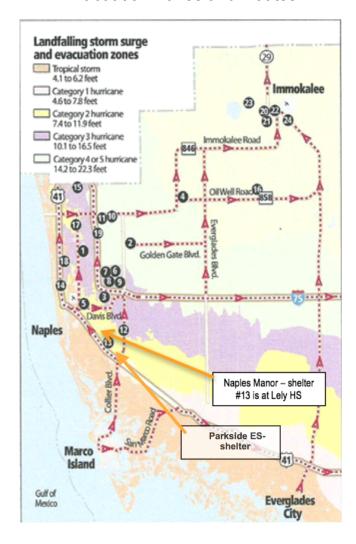
### **Radio Stations with Emergency Information**

The <u>National Weather Service</u> broadcasts continually over NOAA Weather Radio at 162.525 mHZ.

Emergency updates can also be heard on **WGCU 90.1 FM** on **Fox News** 

**92.5 FM**, and other local radio and television stations.

## **Evacuation Zones and Routes**



### Watch for Heat Index and Air Quality Alerts

- Information about the heat index can be found at www.nws.noaa.gov/om/heat/heat-illness.shtml
- Get air quality reports from www.airnow.gov.
- Be cautious if heat index is over 103°. Vulnerable populations are at risk with a heat index of 91°.
- Remain indoors in air-conditioned places during heat waves and poor air quality days
- If outdoors, avoid strenuous activity, and stay hydrated.
- If you shelter in place, stock 1 gallon of water, per person, per day, 3-day supply, plus food.

#### **Be Safe During Storms and Floods**

- Keep storm drains, canals and gutters clear of debris to prevent floods and water damage.
- Stay Informed. Create a plan with your family and have an emergency kit prepared.
- Communicate with family, friends and neighbors about your emergency plan.
- If you shelter in place, stock 1 gallon of water per person, per day; a 4-5 day supply, plus food.
- STAY OUT of floodwaters. 6" of moving water can sweep you off your feet. Water depth is difficult to gauge

## **Assume Standing Floodwater is Contaminated**

- Floodwaters are often contaminated with fuel, chemicals, sewage and bacteria.
- Avoid ALL contact with floodwaters, and avoid inhaling evaporating fumes.
- Clean all hard surfaces with a solution of 1.5 cup bleach to 1 gallon of water.
- Wear rubber boots and gloves and a mask during cleanup.
- Do not expose open wounds to flood waters.

#### **Heed the Boil Water Alert Guidelines**

- Don't use tap water to make ice, prepare food or brush teeth. Use bottled water if possible.
- Don't wash dishes, glasses, or cutlery in tap water. Use boiled water.
- Don't wash hands, expose open wounds or bathe babies in tap water.
- Bring water to a rolling boil for a minimum of 1 minute, or disinfect with 8 drops of unscented bleach per gallon
  of water, stir and let it stand for 30 minutes before you use it.
- After a boil water alert is finished, run the water from all faucets for 5 minutes and change filters of water and ice systems.

#### **Minimize Mold Growth**

- Molds are allergens; some produce toxins or release volatile compounds from materials.
- Active mold is black, green or pink. Inactive mold is powdery and often white, but will reactivate with moisture.
- To prevent mold, dry things as quickly as possible.
- Throw out items that have been wet for more than 48 hours. Freezing deactivates mold.
- Homeowners can clean moldy areas less than 10 square feet with a solution of 1 cup bleach per 1 gallon of water.
   Wear gloves and a mask. Professionals should address larger mold areas and clean air-conditioning systems.

## **Limit Exposure to Mosquitos and Algae**

- Eliminate mosquito-breeding areas. Drain items that collect water outdoors including flower pots, bird baths, buckets, drums, child pools, etc.
- Minimize mosquito bites. Wear long sleeves, long pants and socks outdoors, especially around dawn and dusk
- Use insect repellent with DEET or oil of lemon eucalyptus. Limit DEET exposure in young children by washing it off before bed.
- Report algae blooms to Florida DEP, Bureau of Labs (850) 245-8077. Algae can be toxic and must be tested.

