Rising Together:

Temperature, Water, Health and Strength

2017

Developed by Dr. Ana Puszkin-Chevlin

Green Sanctuary Committee of UUFBR

EPA Grant #EQ-00D35415-0

City of Fort Myers Contacts

Ambulance, Fire and Police

Fort Myers Police Department

239-321-7700

Fort Myers Emergency Management

239-321-7311

United Way Social Services

Dial 211

Storm Information Hotline

Dial 211



Sign Up for telephone alerts https://public.coderedweb.com

Lee County Contacts

Lee County Emergency Management	239-533-0622
Lee County Public Safety & EMS	239-533-3911
Lee County Sheriff's Office	239-477-1000
Lee County Department of Human Services	239-533-7900
Lee County Animal Services	239-533-7387
Lee County Health Department	239-332-9501
Lee County Storm Information Hotline	Dial 211
Report Mosquito Infestations to Lee County Mosquito Control District	239-694-2174
FPL Florida Power and Light	800-468-8243

State of Florida Contacts

Florida Emergency Information Line (800) 342 3557 Florida Division of Emergency Management

(850) 413-9969 Hearing Impaired (800) 226-4329

Florida Dept. of Public Health -water testing (850) 245-4240

Report ALGAE Blooms to Dept. Environmental Protection, Bureau of Labs (850) 245-8159 or Dept. of Health, Aquatic Toxins Program (850) 245-4250

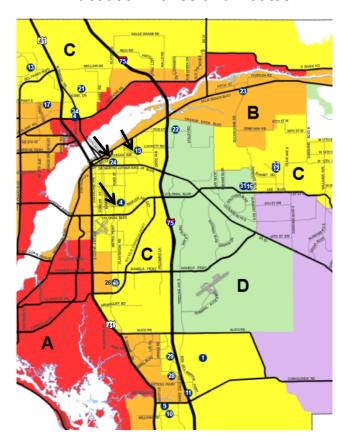
Radio Stations with Emergency Information

WGCU radio - 90.1 FM

Or tune to your favorite news radio station or news TV channel for emergency announcements.

NOAA Weather Radio Fort Myers Channel 4 (162.475 MHz) Lee-012071

Evacuation Zones and Routes



Shelters:

- 4. Colonial Elementary School 3800 Schoolhouse Rd.
- 15. James Stevens International Academy 1333 Marsh Ave.
- 24. Royal Palm Exceptional Center 3050 Indian St.

A Project of UUJF

- -Led by All Faiths Unitarian Congregation of Ft. Myers in partnership with Dr. Ann Murphy Knight STARS Complex Community Forum
- -This project is funded in part by the Unitarian Universalist Fund for Social Responsibility

Watch for Heat Index and Air Quality Alerts

- Information about the heat index can be found at www.nws.noaa.gov/om/heat/heat-illness.shtml
- Get air quality reports from www.airnow.gov.
- Heat Index over 103°, be cautious! Vulnerable populations are at risk with a the heat index of 91°
- Remain indoors in air-conditioned places during heat waves and poor air quality days.
- If outdoors, avoid strenuous activity, stay hydrated.
- If you shelter in place, stock 1 gallon of water, per person, per day, 3-day supply, plus food.

Be Safe During Storms and Floods

- Keep storm drains, canals and gutters clear of debris to prevent floods and water damage.
- Stay Informed. Create a plan with your family and an emergency kit prepared, before an emergency.
- Communicate with family, friends and neighbors about your emergency plan.
- If you shelter in place, stock 1 gallon of water per person, per day; a 4-5 day supply, plus food.
- STAY OUT of floodwaters. 6" of moving water can sweep you off your feet. Water depth is difficult to gauge and hazards could be submerged.

Assume Standing Floodwater is Contaminated

- Floodwaters are often contaminated with fuel, chemicals, sewage and bacteria.
- Avoid ALL contact with floodwaters, and avoid inhaling evaporating fumes.
- Clean all hard surfaces with a solution of 1.5 cup bleach to 1 gallon of water.
- Wear rubber boots and gloves and a mask during cleanup.
- Do not expose open wounds to flood waters.

Heed the Boil Water Alert Guidelines

- After a boil water alert is finished, run the water from all faucets for 5 minutes and change filters of water and ice systems.

Don't drink, make ice, prepare food or brush teeth with tap water. Use bottled water if possible. Don't wash dishes, glasses, or cutlery in tap water. Use boiled water. Don't wash hands, expose open wounds or bathe babies in tap water. Bringing water to a roiling boil for a minimum of 1 minute, or disinfect with 8 drops of unscented bleach per

Minimize Mold Growth

- Molds are allergens; some produce toxins or release volatile compounds from materials.
- Active mold is black, green or pink. Inactive mold is powdery and often white, but will reactivate with moisture.
- To prevent mold, dry things as quickly as possible.
- Throw out items that have been wet for more than 48 hours. Freezing deactivates mold.
- Homeowners can clean moldy areas less than 10 square feet with a solution of 1 cup bleach per 1 gallon of water. Wear gloves and a mask. Professionals should address larger mold areas and clean air-conditioning systems.

Limit Exposure to Mosquitos and Algae

- Eliminate mosquito-breeding areas. Drain items that collect water outdoors including flowerpots, birdbaths, buckets, drums, child pools, etc.
- Minimize mosquito bites. Wear long sleeves, long pants and socks outdoors, especial around dawn and dusk...
- Use insect repellent with DEET or oil of lemon eucalyptus. Limit DEET exposure in young children by washing it off before bed.
- Report algae blooms to Florida DEP, Rureau of Lahs (850) 245-8159. Algae can be toxic and must be tested

