

Rising Together: Temperature, Water, Health and Strength

2017

Developed by Dr. Ana Puszkini-Cheviin

Modified for use in Shorecrest by UU Justice Florida and SEYM Quakers

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City of Miami Contacts

City of Miami Fire Rescue (305) 416-5400

City of Miami Hurricane Information Hotline, Dial 311

City of Miami Police Department (305) 579-6111 (non-emergency)

City of Miami Citizen Emergency Info. Center, Dial 311

Dial 211 – For referrals to all types of Human Services

Register for Emergency Alerts
www.miamidade.gov/alerts/

Miami-Dade County Contacts

Pre-register for emergency needs shelter, Dial 311

Pre-register for Emergency Disabled Transportation Assistance, Dial 311

Emergency Mgmt. Flood Mitigation Assistance, Dial 311

Miami-Dade County Police, Sheriff's Department (305) 476-5423 (non-emergency)

Miami-Dade County Hotline (305) 468-5900

Report Disease to Miami-Dade, Dial 311

Report Mosquito Infestations to

Miami-Dade, Dial 311

<http://www.miamidade.gov/mosquito/index.html>

State of Florida Contacts

Florida Emergency Information Line (800) 342 3557

Florida Department of Emergency Management

(850) 413-9969 Hearing Impaired (800) 226-4329

Florida Dept. of Public Health –water testing (850) 245-4240

Report ALGAE Blooms to Dept. Environmental Protection, Bureau of Labs (850) 245-8159 or Dept. of Health, Aquatic Toxins Program (850) 245-4250 (850) 245-4250

Radio Stations with Emergency Information

City of Miami Emergency Radio 1680 kHz AM

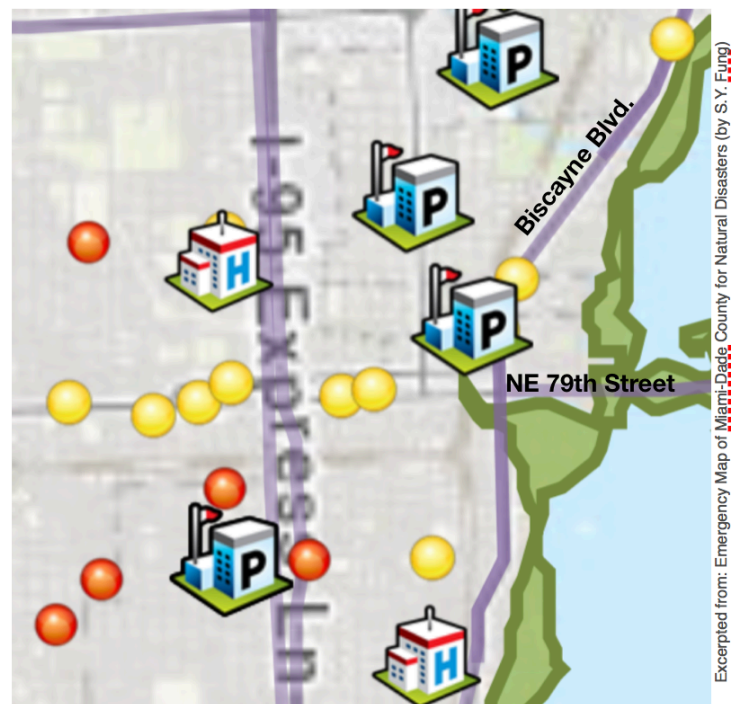
NOAA Weather Radio Stations

NOAA Weather Radio – KHB34 162.550MHz

Coverage Miami/Dade, Broward, South Palm Beach County

NOAA Weather Radio KEC50 162.475 MHz

Emergency Map



Legend



Police Stations



Hospitals



Bus Pickups to Hurricane Shelters



Hurricane Shelters



Evacuation Routes

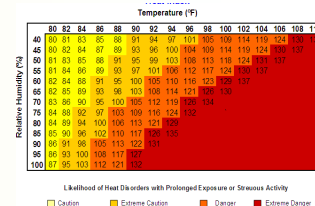


Coastal Flood Zone

A project of UUJF in partnership with SEYM Quakers and New Florida Majority.
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This project is funded in part by the UUFBR Endowment Fund.

Watch for Heat Index and Air Quality Alerts

- Information about the heat index can be found at www.nws.noaa.gov/om/heat/heat-illness.shtml
- Get air quality reports from www.airnow.gov or call (800) 249-1234 or (860)424-4167
- Heat Index over 103°, be cautious! Vulnerable populations are at risk with a the heat index of 91°
- Remain indoors in air-conditioned places during heat waves and poor air quality days.
- If outdoors, avoid strenuous activity, stay hydrated.
- If you shelter in place, stock 1 gallon of water, per person, per day, 3-day supply, plus food.



Be Safe During Storms and Floods

- Keep storm drains, canals and gutters clear of debris to prevent floods and water damage.
- Stay Informed. Create a plan with your family and an emergency kit prepared, before an emergency.
- Communicate with family, friends and neighbors about your emergency plan.
- If you shelter in place, stock 1 gallon of water per person, per day; a 4-5 day supply, plus food.
- STAY OUT** of floodwaters. 6" of moving water can sweep you off your feet. Water depth is hard gauge and hazards could be submerged.
- Do NOT push a stalled car, 12" of moving water can float a car down stream



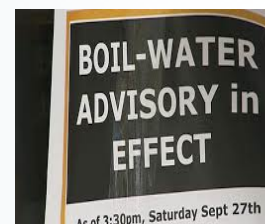
Assume Standing Floodwater is Contaminated

- Floodwaters are often contaminated with fuel, chemicals, sewage and bacteria.
- Avoid ALL contact with floodwaters, and avoid inhaling evaporating fumes.
- Clean all hard surfaces with a solution of 1.5 cup bleach to 1 gallon of water.
- Wear rubber boots and gloves and a mask during cleanup.
- Do not expose open wounds to flood waters.



Heed the Boil Water Alert Guidelines

- Don't drink, make ice, prepare food or brush teeth with tap water. Use bottled water if possible.
- Don't wash dishes, glasses, or cutlery in tap water. Use boiled water.
- Don't wash hands, expose open wounds or bathe babies in tap water.
- Bringing water to a rolling boil for a minimum of 1 minute, or disinfect with 8 drops of unscented bleach per
- After a boil water alert is finished, run the water from all faucets for 5 minutes and change filters of water and ice systems.



Minimize Mold Growth

- Molds are allergens; some produce toxins or release volatile compounds from materials.
- Active mold is black, green or pink. Inactive mold is powdery and often white, but will reactivate with moisture.
- To prevent mold, dry things as quickly as possible.
- Throw out items that have been wet for more than 48 hours. Freezing deactivates mold.
- Homeowners can clean moldy areas less than 10 square feet with a solution of 1 cup bleach per 1 gallon of water. Wear gloves and a mask. Professionals should address larger mold areas and clean air-conditioning systems.



Limit Exposure to Mosquitos and Algae

- Eliminate mosquito-breeding areas. Drain items that collect water outdoors including flowerpots, birdbaths, buckets, drums, child pools, etc.
- Minimize mosquito bites. Wear long sleeves, long pants and socks outdoors, especial around dawn and dusk.
- Use insect repellent with DEET or oil of lemon eucalyptus. Limit DEET exposure in young children by washing it off before bed.
- Report algae blooms to Florida DEP, Bureau of Labs (850) 245-8159. Algae can be toxic and must be tested.

